STRENGTHENING Families ROGRAM

Join us for this unique program for parents/ caregivers to attend with their children who are 10-14 years old! Enjoy a family meal, interesting parenting discussions, and youth and family activities. FREE* childcare for children 3-9 years old.

7-WEEK PROGRAM INCLUDES:

- ✓ Fun youth and family activities
- ✓ Ways to strengthen family communication
- ✓ Why preteens/teens act the way they do
- ✓ How to work through problems together
- ✓ How to avoid problems with alcohol and other drugs



"This program has helped my family in a BIG WAY!" "We totally enjoyed the program. It was EXACTLY what we needed and it helped tremendously." "We've learned to listen more, have family meetings and have FUN together!"



A 7-Week Series for Parents & Youth ages 10-14

Wednesdays April 23, 30 May 7, 14, 21, 28 & June 4 from 5:45 - 8:45 PM

at the

Warwick Valley Middle School 225 West Street Warwick, NY 10990

SPACE IS LIMITED TO 10 Families

Register online or Contact Carol at 845-344-1234 for assistance.

*There is no charge for this program due to generous funding provided by the Orange County Youth Bureau.









Cornell Cooperative Extension | Orange County